***Mr. Saurer’s Physical Education Class Disclosure***

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**Consultation: 7th period**

**What will we be doing in Physical Education class?**

In mixed grade physical education classes we have a lot of fun activities planned! Major units include flag football, ultimate frisbee, soccer, volleyball, and basketball. We will also be playing target games like bocce, lifting weights, playing badminton, and partaking in some of the classics like capture the flag from time to time.

**What are the gym rules?**

Students are expected to follow gym rules at all times. Of primary concern in my classroom are **respect** and **safety,** andall gym rules can be boiled down to those. If a student shows disrespect to me, another student, or for safety rules they can expect immediate action. BJH has a system of behavior interventions that I will be implementing in the gym. In general, the first issue with a student will get a verbal warning. The second issue will require the student to fill out one of the school’s “Refocus” forms and discuss the form with me. The third issue will require the student to fill out one of the school’s “Think Time” forms, discuss the form with me, and I will be contacting home at that point. Overall, students will be expected to respect the physical space (don’t touch each other), property (classmates’ and school), and opinions/feelings (be tactful) of each other at all times. It is important to me that the gym is a safe and friendly environment to work in, and my rules emphasize this attitude.

Students will be assigned a combination PE locker they do not need to provide a lock for. They will also have 5 minutes after the bell to be out of the locker room, in their PE clothes (black bottoms and a gray or white top) and in their attendance lines. Students will be excused at least 5 minutes before the end of class to go back to the locker room to change back into school clothes. Please make sure footwear is appropriate for athletics.

**How are students graded?**

A student’s quarter grade will be a combination of their daily participation score (on time, dressed, participated in a safe and appropriate manner) and the results of their physical fitness assessments. The physical fitness assessments combine essential elements of fitness (cardio, muscular strength and endurance) and will be tested throughout the quarter. Physical fitness assessments this year may include: the Pacer test, the mile run, pushups in one minute, situps in one minute, lat pulldown reps to failure, 200 meter run, softball throw, 100 meter run and lat pulldown max. 3 or 4 of these assessments will be given each quarter, and each assessment will be administered 2 or 3 times. If a certain assessment is only given twice, then a third score for the amount of improvement the student achieved will be entered for the third score.

Students will be graded using proficiency-based grading. PBG gives numbers from 1 to 4 instead of letter grades. PBG values are like this:

4- Highly Proficient: The student exceeds expectations and can apply the standard in complex ways

3- Proficient: The student meets the expectations described and can do them independently (note: proficient is good! We are trying to get every student to this level, and earning a 3 is doing great.)

2- Approaching Proficient: The student is getting close to meeting expectations independently

1- Below Proficient: The student needs support from me to do the simpler parts of the standard

**Citizenship scores:** Students have quarterly citizenship scores that reflect their attendance, tardiness, and PE behavior. Much like PBG, a 3 in citizenship is a student that is meeting behavior expectations, while scores of 1 or 2 need improvement. A 4 in citizenship is an exemplary student!

**Attendance, make-up work, and late work policy:** Attendance will be taken daily, and tardies and absences will be recorded. Students will not be required to dress for class on Fridays because of how short their class periods are, and Fridays are also an opportunity for students that were ABSENT Monday-Thursday to make up for the scores that they missed. If a student was not absent but did not receive full credit for a day, the score they already received stands. Students that are not missing a Monday-Thursday score will not have their grade affected on Friday class periods under normal circumstances (they participate, they’re safe and courteous to others)

Please sign and return this form to me as soon as possible. Thank you and here’s to a great year!

Student name (print) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent name (print) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Any contact information that parents are willing to share like cell phone number, email, or any other pertinent information, please write it below. Thank you.